

17th February 2021 - Munich, Germany

**Grace Impact Sponsors “Girls Talk “ Empowerment Workshop
at the Waithaka Library and Community Center in Dagoretti/Nairobi**



Thirty-five (35) girls aged between 13 and 18 years old attended a three (3) day training workshop at the Waithaka Community Library in December 2020. The Community Library is clean and safe center that provides school children, adolescents, self- help groups and future mini-entrepreneur access to information via workshops, films and other events. James Waithaka, head librarian, focuses on organizing events, especially for those the community’s most vulnerable residents, such as **“GIRLS TALK, “BOYS TALK”**, health care information and trainings on life skills.

“GIRLS TALK” is a vital workshop that covers basic skills and health information essential for girls to make informed decisions. Only with access to good health and skills training can girls gain the ability to take control of their lives and pursue their goals.

GRACE IMPACT gGmbH
Tengstrasse 22
80798 Munich, Germany
www.grace-impact.com

Dinese Hannewald & Iris Hannewald
Geschäftsführerinnen
dhannewald@grace-impact.com
ihannewald@grace-impact.com

Bankverbindung
IBAN: DE21 7002 0270 0015 28628 4
BIC: HYVEDEMMXXX

Handelsregister: München, 232555

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PRESENTS FIRST GIRLS TALK



the life skills

- + empowerment**
- + avoid teen pregnancy**
- + decision making**
- + child protection**
- + role playing**
- + focus and self control**
- + Violence against woman**

The attendance rate was over 95 % and the workshop included lectures, group discussions, team work, and role playing on:

- Adolescence
- Sexuality & Relationships
- Sexual Reproductive health and the Effects of Early Pregnancy
- STDs, Harmful Cultural Practices such as FGM and Early Marriage
 - The trailer of the advocacy film, “The Cut”, was showed during the workshop. Produced by the Amref Dagoretti Child Protection and Development Centre, “The Cut” received the Award for Best Feature at the second edition of the [Africa Diaspora Cinema Festival](https://amref.org/news/cut-scoops-international-film-award/#gsc.tab=0) held in Florence, Italy from July 5 to 8, 2018. <https://amref.org/news/cut-scoops-international-film-award/#gsc.tab=0>
- Child Sexual Abuse, Molestation & Kenya Sexual Offences Act
- Communication Skills, Stress Management, Decision Making Skills
- Listening Skill, Goal Setting and Studying Skills
- Child Protection

Two very experienced and well-known Community Health Workers (CHW) were involved in identifying participants and for organizing transport for the young girls from the community. Facilitators included a trained social worker, a qualified child protection officer and a physical trainer.

Grace Impact's grant paid for the Community Health Workers, all three facilitators, breakfast, tea & snack and lunch for the three day program. Local cooks were hired to prepare healthy and tasty meals for all attendee. Comprehensive feedback from the group was very positive and additional workshops, such as **"BOYS TALK"**, are planned for April 2021 and July 2021.

#empowerment
#mentoring
#roleplaying
#decisionmaking
#childprotection
#avoidteenagepregnancy
#stopviolenceagainstwomen
#stopfgm